



Wellbeing at Work Awards Programme

Prioritise staff health and wellbeing by taking part in the Wellbeing at Work Awards programme which will help your organisation to become a healthier and happier workplace.

Wellbeing at Work Bronze Award

Four core criteria to be achieved:

- 1 Set up a Working Group
- 2 Workplace Needs Assessment
- 3 Wellbeing Champions
- 4 Develop an Action Plan

Businesses will complete an assessment document covering each area and asked to submit evidence.

Wellbeing at Work Silver Award

Choose three topics of your choice for a Silver Award. A Public Health England and Business in the Community <u>Toolkit</u> is provided for each topic. We encourage businesses to read the toolkit first before starting the assessment document. Each toolkit provides a range of advice, cast studies, information, and links to resources to guide you through each topic. Wellbeing at Work can also offer further information, resources and links to Wellbeing Training accessed through our website.

- Sleep and recovery
- Mental health
- Physical activity, healthy eating and healthier weight
- Drugs alcohol and tobacco
- Reducing the risk of suicide
- Musculoskeletal health in the workplace
- Domestic abuse

Wellbeing at Work Gold Award

Choose four further toolkits and assessments to achieve a Gold Award.





Review of Awards

The Bronze Award will be reviewed every two years. The Silver and Gold Awards will be reviewed every three years. This gives an opportunity to monitor progress within an organisation and to help with creating an organisational Health and Wellbeing Action Plan.

Process Flowchart

Bronze Award: - Complete four core criteria and assessment.

Collect Award



Silver Award: - Complete three toolkits and assessments.

Collect Award



Gold Award: - Complete four further toolkits and assessments.

Collect Award



Bronze reviewed every two years. Silver and Gold reviewed every three years.

N: B: Throughout the entire process you will be supported by your Wellbeing at Work Advisor.