



## Domestic abuse resources

Domestic abuse is any incident or pattern of incidents of controlling, coercive, or threatening behaviour, violence or abuse between those aged 16 or over, who are, or have been, intimate partners or family members, regardless of gender or sexuality. Abuse can include but is not limited to: psychological, physical, sexual, financial and emotional.

### Resources

There are many organisations that can offer further advice and practical guidance on domestic abuse in the workplace.

For example:

- If you need support and protection from abuse call the Plymouth Domestic Abuse Service on 01752 252033 or the Plymouth refuge on 01752 562286.
- Black Association of Women Step Out (BAWSO) BAWSO are a specialist agency which can provide culturally sensitive and appropriate information and services to black and other minority ethnic groups.
- Broken Rainbow provides support for lesbian, gay, bisexual and transgender people experiencing domestic abuse.
- Corporate Alliance Against Domestic Violence aims to raise awareness and reduce the social and economic impact of domestic violence in the workplace. Working together with employers, their vision is to create a work environment where employees have the opportunity to seek practical support and advice and, ultimately, take positive action to end domestic violence. Membership is open to any employer, trade union or representative body in the UK.
- Man Kind Initiative is a national charity that provides help and support for male victims of domestic abuse.
- Mens Advice Line offers practical advice, information and support to male victims of domestic abuse as well as concerned friends and families.
- Refuge is one of the largest single providers of specialist accommodation and services to women and children escaping domestic violence, supporting over 1,000 women and children every day.
- Respect is the UK association for professionals working with domestic violence perpetrators and associated support services. The organisation's key aim is to increase the safety of those experiencing domestic violence through promoting effective interventions with perpetrators.
- Southall Black Sisters provides advice and information on domestic abuse, racial harassment, welfare and immigration, primarily for Asian, African and African Caribbean women.