

# How to wear a face covering safely

If you're not used to wearing a face covering, here's some simple steps to keep you and those around you safe ...



Wash your hands before touching your face covering



Make sure it's not dirty or damaged



Adjust to your face covering without leaving any gaps



Make sure your nose, mouth and chin are covered



Avoid touching your face covering whilst you're wearing it



Wash your hands before removing



Remove by only touching the strings behind your ears



Pull the covering away from your face



Place in the bin provided



Wash your hands

We support people to lead independent, healthy lives